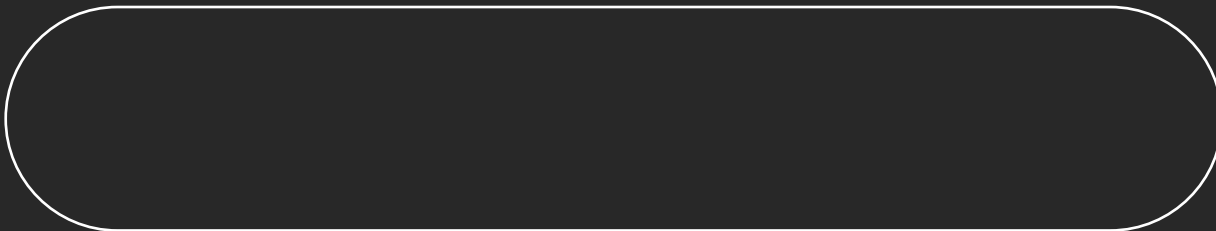


THE SILVER BADGE



The Scottish Drugs Forum Motivational Interviewing Badge Scheme



THE SCOTTISH DRUGS FORUM MOTIVATIONAL INTERVIEWING BADGE SCHEME

The SDF Motivational Interviewing Badge Scheme involves practitioners completing specific learning objectives related to training and practice. SDF considers these objectives to be reliable and dependable indicators underpinned by the evidence-base in the learning and development of MI. SDF sees the progressive pathway through the Badge Scheme as a readiness to enter into MI practice, to be assessed, and to have enhanced professional status as a result.

There are 3 badges to collect within the SDF MI Badge Scheme.

These are Bronze, Silver and Gold Badges.



SDF MI BADGE SCHEME: THE SILVER BADGE



THE BADGE

Continued learning and development of MI practice over time is required to progress toward skilfulness in this method. The Silver Badge is intended for people who wish opportunities for extensive and focused practice with the skills introduced within the Bronze Badge and to receive personal coaching and feedback to advance implementation of MI into work practice. This Silver Badge is an ideal “next step” for anyone who is ready to become more intentional, strategic, and purposeful in their MI work with clients.

ENTRY REQUIREMENTS



Completion of the Bronze Badge.

WHAT WILL YOU LEARN?

Providing numerous participatory activities which serve to enhance capacity to strengthen the strategic use of MI, you will develop skilfulness in:

- Eliciting and strengthening client language in favour of change (Change Talk).
- Decreasing the emphasis on client language favouring the status quo (Sustain Talk).
- Actively fostering and encouraging collaboration in the interaction.
- Accurate empathy toward understanding of a person's perspective and conveying that understanding to them.



LEARNING OUTCOMES

- Start practising Motivational Interviewing to strengthen motivation for change.
- Discuss the application of Motivational Interviewing within own work setting.
- Identify existing strengths in Motivational Interviewing and areas to develop.
- Demonstrate understanding of MI theory and practice through written analysis of a transcribed motivational Interview.





HOW TO ACHIEVE THE SILVER BADGE

To achieve the Silver Badge, completion of the SDF Practice Development Coaching in Motivational Interviewing course is required.

Coaching provides refining and advancement of skills along with direct observation of a person's MI practice. Descriptive feedback of strengths is also provided and an opportunity for the coach to work with learners to identify areas and strategies for improvement.

The Silver Badge is broken down into two phases 1) Learn 2) Assess.

1. Learn

In this area you will attend the coaching sessions and participate in skills practise activities.

Observation and practical feedback on your practice will be provided by your coach and you will be supported to advance your practice. You will reflect on your new knowledge and skills and the application of this in your work practice.

2. Assess

In this area you will demonstrate your progress in MI theory and practice by submitting a 1000 word written analysis of a transcribed motivational Interview demonstrating your understanding of MI practice and identifying areas of MI-inconsistent practice.

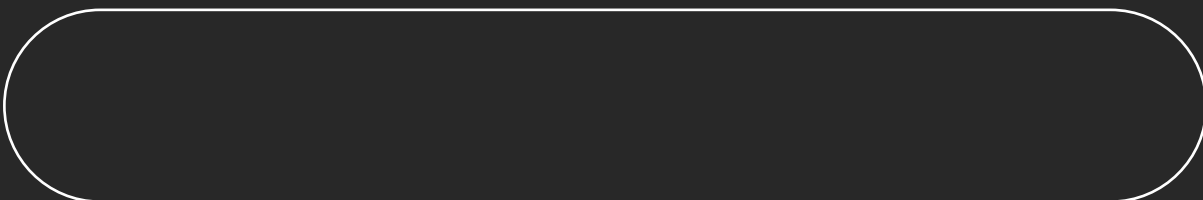
DURATION & FORMAT

Duration:

MS Teams: 6 half day coaching sessions over 12 weeks. That is, 1 coaching session every 2 weeks. The written analysis of the MI transcript should be submitted for assessment prior to the end of the 12 weeks.

Format:

The Silver Badge can be obtained within a group setting arranged with SDF through Alcohol and Drug Partnerships or single agencies. Maximum number of participants per group is 6.



ASSESSMENT CRITERION

- Describe the characteristics of MI tasks and the application of MI spirit and core skills which foster the relational and technical components of MI within a case study analysis.
- Identify examples of MI-inconsistent practice and possible more helpful responses within a case study analysis.

THE PURPOSE OF ASSESSMENT

- To let you demonstrate the new knowledge you've gained in MI practice.
- To provide you with feedback about how your understanding of MI is progressing.
- To measure your achievement toward the Silver Badge.

ASSESSMENT FEEDBACK

Written feedback will be provided to you on your written analysis detailing strengths and suggested areas for improvement and whether a satisfactory level of knowledge has been demonstrated. Your submission will be assessed by an experienced SDF MI trainer.

REASSESSMENT

If you do not meet a satisfactory level of written analysis on first try, you will be given feedback and an additional opportunity to retry. Feedback will focus on how the written analysis could be improved.





OBTAINING THE SILVER BADGE

Achievement of the Silver Badge will be provided to participants who complete a minimum of 5 out of 6 coaching sessions and satisfactorily complete the written analysis as described in the Assess phase.

Once you have obtained the Silver Badge you will receive:

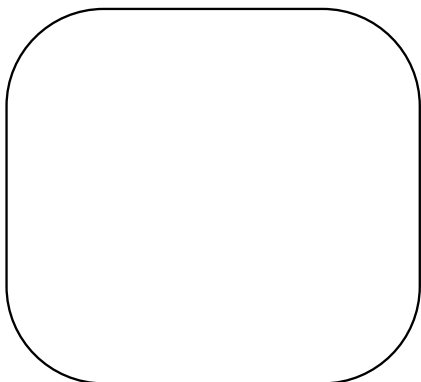
- SDF certification of Badge completion recognising your achievement of the Silver level in the learning and development of MI practice.
- A written record of the learning objectives against which the Silver Badge was obtained and how you achieved these which provides evidence to prove you met those objectives.



THE SDF BADGE SCHEME WHAT IT MEANS AND WHAT IS DOES NOT MEAN?

WHAT THE BADGE DOES MEAN?

The Bronze, Silver and Gold Badges signifies that you have participated in progressing your learning and development in MI practice. Those who achieve the Gold Badge will receive certification of MI proficiency based on meeting practice competence criteria as measured by the Motivational Interviewing Treatment Integrity (MITI) coding manual version 4.



WHAT THE BADGE DOES NOT MEAN?

The Bronze, Silver and Gold Badges are not an accredited qualification in MI. Participants completing the Badges should not imply that they have been approved by SDF to practice MI as a result of completing the Badges. Experience has shown that, as with any set of skills, MI practitioners need to stay active and continue to receive feedback to continue to provide a high-quality MI service. Certification of proficiency is to be based on meeting practice competence criteria and is not given based merely upon completion of a particular amount of training, although a sequence of structured training experiences may contribute to achievement of proficiency.

IS THE SDF MI BADGE SCHEME RIGHT FOR YOU?

The Badge Scheme is a comprehensive pathway that will give you the knowledge and skills to advance your MI practice. If you can answer 'yes' to each of the questions below, the MI Badge Scheme may be for you.

- ◆ Do you have conversations with people about making changes in their lives?
- ◆ Do the people you support experience ambivalence or reluctance to make such changes?
- ◆ Would it be ethical for you to intentionally guide a person to think in such a way that strengthens their motivation and commitment in the direction of change?
- ◆ Do you want to learn MI and see the value in learning this?
- ◆ Do you want go beyond knowing about MI and become skilful in this method?



THE DRUGS AND ALCOHOL WORKFORCE KNOWLEDGE AND SKILLS FRAMEWORK

The Badge Scheme supports the development and implementation of practice-specific knowledge and skills in delivering psychologically informed care as described within the Scottish Government Drugs and Alcohol Workforce Knowledge and Skills Framework (2025).

You can find out more information [here](#).





**A Scotland free from
drug-related health and
social harm.**



MISSION

To improve Scotland's approach to drug-related issues. We influence this through our work by striving for compassionate, inclusive, evidence informed policy and practice.

You can learn more about the training that we offer on our website:

<https://sdf.org.uk/work/learning-and-development/wfd-training>


You can access our free e-learning courses here:

<https://www.sdftraining.org.uk/e-learning>

Scottish Drugs Forum

91 Mitchell Street

Glasgow, G1 3LN

 0141 221 1175

 workforcedevelopment@sdf.org.uk

