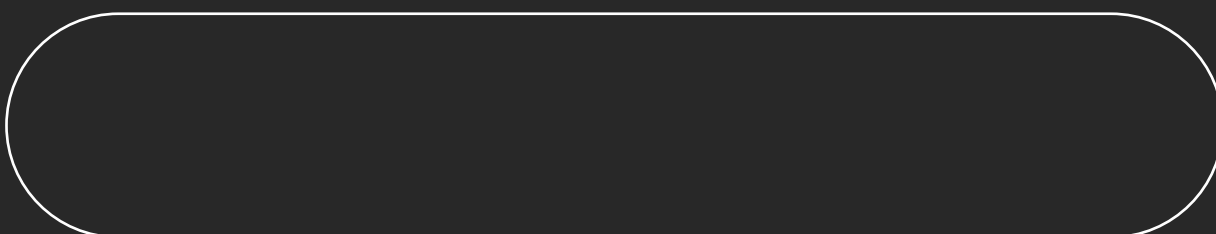


THE BRONZE BADGE



The Scottish Drugs Forum Motivational Interviewing Badge Scheme



THE SCOTTISH DRUGS FORUM MOTIVATIONAL INTERVIEWING BADGE SCHEME

The SDF Motivational Interviewing Badge Scheme involves practitioners completing specific learning objectives related to training and practice. SDF considers these objectives to be reliable and dependable indicators underpinned by the evidence-base in the learning and development of MI. SDF sees the progressive pathway through the Badge Scheme as a readiness to enter into MI practice, to be assessed, and to have enhanced professional status as a result.

There are 3 badges to collect within the SDF MI Badge Scheme.

These are Bronze, Silver and Gold Badges.



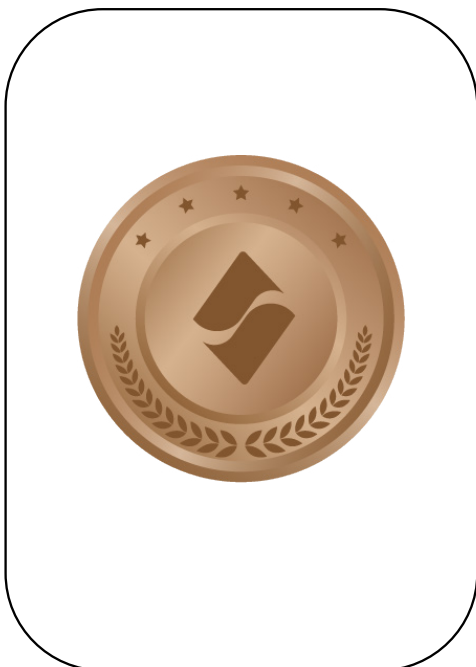
SDF MI BADGE SCHEME: THE BRONZE BADGE



THE BADGE

The Bronze Badge is intended for people interested in beginning or refreshing their knowledge and skills in MI practice.

The aim is to introduce the application of MI skills and strategies to help people who present as ambivalent find and build their own motivation for change.



ENTRY REQUIREMENTS

You will regularly as part of your role provide one-to-one therapeutic, person-centred conversations about behaviour change (or other change goals) with people who present as often reluctant or ambivalent about making change.

WHAT WILL YOU LEARN?

You will learn skills in:

- An effective alternative to trying to persuade people to change when they are ambivalent about change.
- Empowering people by strategically engaging and strengthening their own motivation to progress towards positive change goals.
- Tuning your ear to hear aspects of a person's speech that tells you as the session is happening whether you are moving in the right (or wrong) motivational direction.
- Incorporating the underlying person-centred spirit of MI in your everyday work with people.
- How to use questions, affirmations, reflective listening, and summaries selectively to facilitate motivation for change.



LEARNING OUTCOMES

- Describe what Motivational Interviewing is.
- Discuss how Motivational Interviewing can be used to support motivation for change.
- Discuss whether Motivational Interviewing could be used in own work setting.





HOW TO ACHIEVE THE BRONZE BADGE

To achieve the Bronze Badge, completion of the SDF Introduction to Motivational Interviewing course is required including reflecting on your new knowledge and skills and the application of this in your work practice.

Duration of the course

- In-person training: 3 Days (back-to-back or spread over three weeks. 9.30am-4.30pm)
- MS Teams training: 4 Days (spread over 4 weeks. 9.15am-2pm)

Format

The Bronze Badge can be obtained within a group setting arranged with SDF through Alcohol and Drug Partnership or single agencies. Maximum number of participants per group is 20.

Obtaining the Bronze Badge

Achievement of the Bronze Badge will be provided to participants who engage satisfactorily in and complete each of the training days in full.

Once you have obtained the Bronze Badge you will receive an SDF certification of badge completion recognising your achievement of the Bronze level in the learning and development of MI practice.

Implementing MI and ongoing practice

The original authors of MI state, "Short-term training alone is not likely to change practice behaviour. Our recommendation is not more workshops but ongoing coaching with feedback based on observed practice" (Miller and Rollnick, 2013). In the context of the MI Badge Scheme, fidelity to MI practice and therefore the ability to implement this method will require completion of the Badge Scheme beyond the Bronze Badge.

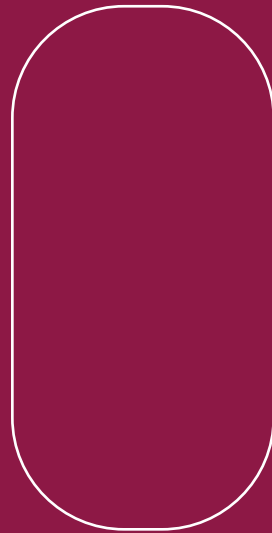
 **SCOTTISH DRUGS FORUM**



THE SDF BADGE SCHEME: WHAT IT MEANS AND WHAT IT DOES NOT MEAN?

WHAT THE BADGE DOES MEAN?

The Bronze, Silver and Gold Badges signifies that you have participated in progressing your learning and development in MI practice. Those who achieve the Gold Badge will receive certification of MI proficiency based on meeting practice competence criteria as measured by the Motivational Interviewing Treatment Integrity (MITI) coding manual version 4.



WHAT THE BADGE DOES NOT MEAN?

The Bronze, Silver and Gold Badges are not an accredited qualification in MI. Participants completing the Badges should not imply that they have been approved by SDF to practice MI as a result of completing the Badges. Experience has shown that, as with any set of skills, MI practitioners need to stay active and continue to receive feedback to continue to provide a high-quality MI service. Certification of proficiency is to be based on meeting practice competence criteria and is not given based merely upon completion of a particular amount of training, although a sequence of structured training experiences may contribute to achievement of proficiency.

IS THE SDF MI BADGE SCHEME RIGHT FOR YOU?

The Badge Scheme is a comprehensive pathway that will give you the knowledge and skills to advance your MI practice. If you can answer 'yes' to each of the questions below, the MI Badge Scheme may be for you.

- ◆ Do you have conversations with people about making changes in their lives?
- ◆ Do the people you support experience ambivalence or reluctance to make such changes?
- ◆ Would it be ethical for you to intentionally guide a person to think in such a way that strengthens their motivation and commitment in the direction of change?
- ◆ Do you want to learn MI and see the value in learning this?
- ◆ Do you want go beyond knowing about MI and become skilful in this method?



THE DRUGS AND ALCOHOL WORKFORCE KNOWLEDGE AND SKILLS FRAMEWORK

The Badge Scheme supports the development and implementation of practice-specific knowledge and skills in delivering psychologically informed care as described within the Scottish Government Drugs and Alcohol Workforce Knowledge and Skills Framework (2025).

You can find out more information [here](#).





**A Scotland free from
drug-related health and
social harm.**



MISSION

To improve Scotland's approach to drug-related issues. We influence this through our work by striving for compassionate, inclusive, evidence informed policy and practice.

You can learn more about the training that we offer on our website:

<https://sdf.org.uk/work/learning-and-development/wfd-training>


You can access our free e-learning courses here:

<https://www.sdftraining.org.uk/e-learning>

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